



D.C. Office on Aging Senior Service Network Telephone Directory



January 2015



Government of the District of Columbia
Muriel Bowser, Mayor



WELCOME TO THE D.C. OFFICE ON AGING SENIOR SERVICE NETWORK

Note: Please be advised that telephone numbers and addresses are subject to change. If you wish to submit changes or additions for inclusion in the next edition, please call Information and Referral/ Assistance at (202) 724-5626 or email the changes to:

**D.C. Office on Aging
Information and Referral /Assistance Unit
500 K St. NE
Washington, D.C. 20002
dcoa@dc.gov**

In accordance with the D.C. Human Rights Act of 1997, as amended, D.C. Official Code section 2-1401.01 et seq., (Act) the District of Columbia does not discriminate. Section 2-1402.31 (a) prohibits acts performed wholly or partially for discriminatory reason: To deny, directly or indirectly, any person the full and equal employment of the goods, services, facilities, privileges, advantages, and accommodations of any place of public accommodations.

Agency Notice of Non-Discrimination

The D.C. Office on Aging does not discriminate on the basis of actual or perceived: race, color, religion, national origin, sex, age, marital status, personal appearance, sexual orientation, gender identity or expression, familial status, family responsibilities, matriculation, political affiliation, genetic information, disability, source of income and place of residence or business. Sexual harassment is a form of sex discrimination which is prohibited by the Act. In addition, harassment based on any of the above protected categories is prohibited by the Act. Discrimination in violation of the act will not be tolerated. Violators will be subjected to disciplinary action.

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“Meeting the Needs of the District’s Elderly”

MISSION STATEMENT

The mission of the District of Columbia Office on Aging is to advocate, plan, implement, and monitor programs in health, education, employment, and social services which promotes longevity, independence, dignity, and choice for our senior citizens.

D.C. Office on Aging

The Office on Aging is the District of Columbia's Agency on Aging that oversees direct services to persons 60 and older through a Senior Service Network. Within the Senior Service Network are eight community-based agencies, funded by the Office on Aging, to provide nutritious and tasty meals, social and recreational activities, as well as information on staying well. However, seniors are required to become registered participants in order to use the services. In-house, the Office on Aging operates two direct services programs: the Senior Employment and Training Program and the Information and Assistance Unit. The Office on Aging also oversees two nursing homes within the District. Other services provided through the community agencies include: Adult Day Care; Adult Education; Emergency Shelter; Health Insurance Counseling; In-Home Relief; Legal Services; and Transportation.

Aging and Disability Resource Centers:

Terrific Inc.

1222 T Street, NW, D.C. 20009

Service Area: Ward 1

(202) 387-9000

Fax: (202) 234-8145

IONA Senior Services

4125 Albemarle Street, NW, D.C. 20016

Service Area: Wards 3, Foggy Bottom

(202) 966-1055

Fax: (202) 895-0244

Terrific Inc.

1220 L Street, NW, Ste 800 DC 20036

Service Area: Ward 2

(202) 595-1990

Fax: (202) 595-1980

Terrific Inc.

418 Missouri Avenue, NW D.C. 20011

Service Area: Ward 4

(202)882-1824

Fax: (202)234-8145

Seabury Ward 5 Aging Services

2900 Newton Street, NE, D.C. 20018

Service Area: Ward 5

(202) 529-8701

Fax: (202) 832-0127

Seabury Ward 6 Aging Services

901 A Street, NE, D.C. 20002

Service Area: Ward 6

(202) 397-1725

Fax: (202) 397-1729

East River Family Strengthening Collaborative

3917 Minnesota Ave. NE, D.C. 20019

Service Area: Ward 7

(202) 534-4880

Fax: (202) 388-7691

Family Matters of Greater Washington

4301 9th Street SE, D.C. 20032

Service Area: Ward 8

(202) 562-6860

Office on Aging Based Programs

Aging and Disability Resource Center (ADRC)

This is a one-stop for services assisting the District's elderly and persons with disabilities in maximizing their independence and improving their quality of life by linking them with a range of private and public services in one single location. Over a dozen government agencies, private and non-profit organizations are collaborating with the Aging and Disability Resource Center to provide District residents with a simple and streamlined process for getting the guidance and information they need. For more information on the D.C. ADRC, please contact us by TTY: (202) 724-8925, toll free: 1.877.919 ADRC (2372), **OR JUST DIAL 311**. You can also visit the ADRC online at www.adrc.dc.gov

ADRC/Information and Assistance

Information and Assistance operates Monday through Friday, 8:30 am – 4:45 pm, excluding holidays. Seniors, family members, caregivers and others may call (202) 724-5626 to inquire about or access services that are available to seniors in the District of Columbia. Walk-ins are welcome.

ADRC/Job Training and Employment Program

The Older Workers Employment and Training Program (OWETP) assists District residents 55 years of age and older with finding jobs. The older worker gains additional income, an expanded support system and personal growth. The employment and training program may be contacted by calling (202) 724-3662

Outreach and Publications

State Plan on Aging

District of Columbia State Plan on Aging outlines the current and planned efforts of the D.C. Office on Aging to meet the needs of District of Columbia residents age 60 and older and persons with disabilities. For more information contact (202) 724-5626

Spotlight on Aging

The Spotlight on Aging is a monthly insert in the area's Senior Beacon Newspaper that is available at senior centers, housing, businesses and other places throughout the District as well as online via the Office on Aging Website, www.dcoa.dc.gov. The insert highlight activities, special alerts and programs and services that serve District of Columbia senior citizens.

D.C. Office on Aging Nursing Facilities

**Washington Center for Aging Services
2601 18th Street, NE Washington, D.C. 20018 (Ward 5)**

In July of 2010, the District/Office on Aging entered a long-term ground lease with Stoddard Baptist Foundation to operate and manage the Washington Center for Aging Services (WCAS). Previously, the District managed a contract with VMT to operate the facility on behalf of the city. The decision to move forward with this new public-private partnership does not change the fact that the District still owns the facility. WCAS will continue to be a Medicare/Medicaid certified facility with 259-beds that provides skilled and intermediate nursing care to residents 60 years of age and older. The facility will also continue to provide geriatric day care services (adult day care) called "Center Care", an Alzheimer's special care unit, and offer respite care or short-term relief for caregivers, based on availability. According to the Centers for Medicare & Medicaid Services (CMS), the nursing home has a 3 out of 5 star rating. The nursing home ratings change periodically; therefore, please visit www.medicare.gov for a more current evaluation. *or additional information about this facility, please call the WCAS Nursing Home **Administrator** at (202) 541-6200.*

**Unique Residential Care Center
901 First Street, NW Washington, D.C. 20001 (Ward 2)**

In December of 2010, the District/Office on Aging entered a long-term ground lease with Vital Management Team (VMT) to operate and manage JB Johnson Nursing Center (JBJ). Previously, the District managed a contract with VMT to operate the facility on behalf of the city. JB Johnson, a 230-bed Medicare/Medicaid certified facility, will continue to be a District-owned nursing facility. It will also continue to provide skilled and intermediate nursing care to residents as young as 18 years of age.

According to the Centers for Medicare & Medicaid Services (CMS), this nursing facility also has a 3 out of 5 star rating. The nursing home ratings change periodically; therefore please visit www.medicare.gov for a more current evaluation. *For additional information about this facility, please call the JB Johnson Nursing Home **Administrator** at (202) 535-1100.*

ADULT DAY CARE SERVICES

Adult day care programs provide specialized care for dependent individuals at-risk of going into an institution. Services may include medical, social, therapeutic, and recreational support in a supervised setting. Meals and transportation are provided. There is no fee for service. However, donations are encouraged.

Center Care Day Treatment Program
Washington Center for Aging Services
2601 18th Street, NE, D.C. 20018
(202) 541-6150 / (202) 541-6153
Fax: (202) 576-6886

Downtown Cluster's Day Care Center
Asbury Methodist Church
926 11th Street, NW, D.C. 20002
(202) 347-7527
Fax: (202) 347-6983

Genevieve N. Johnson Senior Day Care Program
4817 Blagden Avenue, NW, D.C. 20011
(202) 723-8537
Fax: (202) 726-1474

Isabella Breckinridge Center
4125 Albemarle Street, NW, D.C. 20016
(202) 895-0238
Fax: (202) 895-0237

ADULT COMPUTER CLASSES

Adult computer classes are offered in all of DC Office on Aging Senior Wellness Centers. This service provides opportunities for seniors to acquire knowledge, skills and general competence that will enable them to continue to participate in the broader social and political community. Registrations for classes are required and advance students are welcome. There is no fee for participating.

Congress Heights Senior Wellness Center

3500 Martin Luther King Jr. Avenue, SE, D.C. 20032

(202) 563-7225

Fax: (202) 563-5591

Bernice Elizabeth Fonteneau Wellness Center

3531 Georgia Avenue, NW, D.C. 20010

(202) 727-0338

Model Cities Senior Wellness Center

1901 Evarts Street, NE, D.C. 20018

(202) 635-1900

Fax: (202) 635-1477

UDC - Institute of Gerontology – BODYWISE Program

4200 Connecticut Avenue, NW,
Building 32, Rm 203, D.C. 20008

(202) 274-6651

Fax: (202) 274-6605

Hattie Holmes Senior Wellness Center

324 Kennedy Street NW D.C. 20011

(202) 291-6170

Fax: (202) 291-2790

The Washington Seniors Wellness Center

3001 Alabama Avenue SE, D.C. 20020

(202) 581-9355

Fax: (202) 575-2736

Hayes Senior Wellness Center

500 K St. NE, DC 20002

(202) 563-7225

ADVOCACY AND OMBUDSMAN SERVICE

This service advocates for older people living in nursing homes, community residence facility and those receiving services through the DC Medicaid Elderly and Persons with Physical Disabilities (EPD) Waiver Program. The staff works to resolve complaints by family and residents on community residential facilities, nursing homes and in-home support services for residents of the District of Columbia. Donations are encouraged.

Legal Counsel for the Elderly – AARP
D.C. Long-Term Care Ombudsman Office
601 E Street, NW
Washington, DC 20049
(202) 434-2190
Fax: (202) 434-6595

DC Commission on Aging

The District of Columbia Commission on Aging is a citizens' advisory group to the Mayor, District City Council, Office on Aging, and the general public on the needs and concerns of older Washingtonians. The 15 Commissioners are appointed by the Mayor and serve as advocates on behalf of the District's 100,000 senior citizens. There is also a Mini Commission on Aging in most Wards which advocates for seniors in their respective neighborhoods.

D.C. Commission on Aging
500 K Street N.E., DC 20002
(202) 724-5622

CASE MANAGEMENT

This program links the frail/vulnerable elderly with needed services and follow-up in order to postpone, or in some cases eliminate, the need for institutionalization. There are eight sites. There is no fee for service. Donations are encouraged.

SITES

Terrific Inc.

122 T Street, NW, D.C. 20009

Service Area: Ward 1

(202) 387-9000

Terrific Inc

Service Area: Ward 2

1507 9th Street, NW, D.C. 20001

(202) 232-4202

Fax: (202) 518-8922

IONA Senior Services

Service Area: Ward 3

4125 Albemarle Street, NW

D.C. 20016

(Foggy Bottom and Dupont Circle)

Ward 2(West of Rock Creek Park)

(202) 895-0234

(202) 966-1055

Fax: (202) 895-0244

Terrific Inc.

Service Area: Ward 4

418 Missouri Avenue, NW D.C.

20011

(202) 882-1824

(202) 518-8922

Seabury Aging Services

Service Area: Ward 5

2900 Newton Street, NE

First Floor, D.C. 20018

(202) 529-8701

Fax : (202) 832-0127

Seabury Aging Services

Service Area: Ward 6

901 A Street, NE, D.C. 20002

(202) 397-1725

Fax: (202) 397-1729

East River Family Strengthening Collaborative

Service Area: Ward 7

3917 Minnesota Avenue, NE

D.C. 20019

(202) 534-4880

Fax: (202) 388-7961

Family Matters of Greater Washington

Service Area: Ward 8

4301 Ninth Street, SE, D.C. 20032

(202) 562-6860

Fax: (202) 562-7825

EMERGENCY AND GROUP HOUSING

These programs seek to meet the housing needs of older Washingtonians by providing temporary shelter in emergency situations and supportive housing. Call for information.

(Emergency)

Kuehner Place, Shelter for Abused Elderly and Neglected

1667 Good Hope Road, SE, D.C. 20020

(202) 797- 8006 X1311

Fax: (202) 889-2515

(Supportive Housing)

Seabury At Home First

2501 18th Street, NE, D.C. 20018

(202) 635-9384

Fax: (202) 832-4711

EMPLOYMENT & JOB TRAINING

The Older Workers Employment and Training Program (OWETP) assists District residents 55 years of age and older with finding jobs. The older worker gains additional income, an expanded support system and personal growth. The employment and training program may be contacted by calling (202) 724 -3662.

D.C. Office on Aging

500 K Street, NE, D.C. 20002

(202) 724-3662

Fax: (202) 727-1569

This program provides training to Senior Service Network personnel serving older Washingtonians to enhance their skills in serving the vulnerable elderly.

Howard University School of Social Work

Staff Development and Training for D.C. Office on Aging

601 Howard Place, NW, Room 319, D.C. 20059

(202) 806-7300

Fax: (202) 387-4309

GROUP MEAL PROGRAMS (Congregate Meals)

Meals are served in a group setting at various sites around the city. Advice and guidance on dietary intake are provided to individuals for improving their nutritional status. There is no charge for meals. However, contributions are encouraged. Noon meals are served at all centers. Senior Centers and Wellness Centers also offer meals, recreation and other activities. The following lead agencies coordinate the group meals program by ward. Contact the ADRC in your ward for more information.

Terrific Inc.

1222 T Street, NW D.C. 2009

Ward 1

(202) 387-9000

Fax: (202) 234-8145

Terrific Inc

1507 9th Street, NW, D.C. 20036

Ward 2

(202) 232-4202

Fax: (202) 518-8922

IONA Senior Services

4125 Albemarle Street, NW,
D.C. 20016

Ward 3 West of Rock Creek Park,
Foggy Bottom and
DuPont Circle Areas (Ward 2)

(202) 966-1055

Fax: (202) 895-0244

Terrific Inc.

418 Missouri Avenue, NW
D.C. 20011

Ward 4

(202) 882-1824

Fax: (202) 234-8145

Seabury Ward 5 Aging Services

2900 Newton Street, NE

First Floor, D.C. 20018

Ward 5

(202) 529-8701

Fax: (202) 832-0127

Seabury Aging Services

Ward 6

901 A Street, NE D.C., 20002

Ward 6

(202) 397-1725

Fax: (202) 397-1729

East River Family Strengthening Collaborative

3917 Minnesota Avenue, NE
D.C. 20019

Ward 7

(202) 534-4880

Fax: (202) 388-7691

Family Matters of Greater Washington

4301 9th Street, SE, D.C. 20032

Ward 8

(202) 562-6860

Fax: (202) 562-7825

GROUP MEAL CENTERS BY WARD

WARD 1

Site Name	Location	Phone
Paul Lawrence Dunbar	2001 15th Street, NW 20009	(202) 939-9035
Columbia Heights	2900 14th Street, NW 20009	(202) 939-9034
Vida Senior Center	1842 Calvert Street, NW 20009	(202) 483-1508
Garfield Terrace	2301 11th Street, NW 20001	(202) 939-9038
Harvard Towers	1845 Harvard Street, NW 20009	(202) 939-9005
Sarah's Circle	2551 17 th Street NW 20009	(202) 332-1400

WARD 2

Site Name	Location	Phone
Asian/Pacific Islander Senior Services Center	417 G Place, NW 20001	(202) 842-4376
Asbury Methodist Church/Downtown Cluster's Day Care	926 11 th Street, NW 20001	(202) 347-7527
Claridge Towers	1221 M Street, NW 20005	(202) 682-7503
James Apartment Building	1424 N Street, NW 20005	(202) 673-4460
St. Mary's Court	725 24th Street, NW 20037	202 223-5712
Oasis Senior Center for the Homeless	1226 Vermont Avenue, NW 20005	(202) 265-2017

WARD 3

Site Name	Location	Phone
Adas Israel	2850 Quebec Street, NW 20008	(202) 363-7530
St. Albans Episcopal Church	3001 Wisconsin Avenue, NW 20016	(202) 363-8286 Ext. 212

WARD 4

Site Name	Location	Phone
Terrific Inc.	1222 T Street NW, 20009	(202) 882-1824
Colony House	930 Farragut Street, NW 20011	(202) 882-3881
First Baptist Senior Center	715 Randolph Street, NW 20011	(202) 723-4313
Ft. Stevens Recreation Center	1327 Van Buren Street, NW 20012	(202) 576-6916
Genevieve Johnson Day Care	4817 Blagden Avenue, NW 20011	(202) 723-8537
Hattie Holmes Senior Wellness Center	324 Kennedy Street, NW 20011	(202) 291-6170
Lamond Recreation Center	20 Tuckerman St. NE	(202) 576-9541

WARD 5

Site Name	Location	Phone
Blind and Visually Impaired Senior Center	2900 Newton Street, NE, 20018	(202) 269-9576
Delta Towers	1400 Florida Avenue, NE 20002	(202) 529-8701
Edgewood Terrace #1	635 Edgewood Street, NE 20017	(202) 832-8266
Gettysburg (Fort Lincoln I)	2855 Bladensburg Road, NE 20018	(202) 635-2392
Senior Village I (Fort Lincoln II)	3001 Bladensburg Road, NE 20018	(202) 529-7730
Petersburg (Fort Lincoln III)	3298 Ft. Lincoln Drive, NE 20018	(202) 269-4530
Green Valley Apartments	2412 Franklin Street, NE 20018	(202) 635-0286
Model Cities Senior Wellness Center	1901 Evarts Street, NE 20018	(202) 635-1900
Kibar Halal Nutrition Center	1519 Islamic Way, NW 20001	(202)483-8832
Vicksburg (Fort Lincoln IV)	3005 Bladensburg Road, NE, 20018	(202)-529-7731
North Capitol at Plymouth	5233 North Capitol Street, NE 20011	(202)-541-0553

WARD 6

Site Name	Location	Phone
Capper/Carrollsborg	900 5th Street, SE 20003	202/546-1024
Asbury Dwelling	1616 Marion Street, NW 20001	(202) 745-7434
Greenleaf Senior Building	1200 Delaware Avenue, SW 20024	(202) 554-3100
Sibley Plaza	1140 North Capitol Street, NW 20002	(202) 408-4700
Haynes Senior Wellness Center	500 K Street NE 20002	(202) 727-0357

WARD 7

Site Name	Location	Phone
Deanwood Recreation Center	1350 49 th Street, NE 20019	(202) 671-3077
Phillip T. Johnson Senior Center	3440 Minnesota Avenue, SE 20020	(202) 584-4431
Washington Senior Wellness Center Weekend Nutrition Program	3001 Alabama Avenue, SE, 20020	(202) 581-9355
Mayfair Mansion	3819 Jay Street NE, DC	(202) 534-4880

WARD 8

Site Name	Location	Phone
Claiborne House, Matthews Memorial Church	2616 Martin Luther King Jr. Avenue, SE 20020	(202) 610-0961
Congress Heights Senior Wellness Center	3500 Martin Luther King Jr. Avenue SE 20032	(202) 563-7225
DuPont Park Seventh Day Adventist Apartments	896 Southern Ave. SE 20032	(202) 562-1365
Knox Hill Apartments	2700 Jasper St. SE 20020	(202) 610-0782
Some's Kuehner Place Senior Center	1667 Good Hope Road, SE 20020	(202) 797-8806

Distribution Sites for Homebound Meals

Judiciary House	461 H St. NW 20001	(202) 547-7202
Vicksburg (Ft. Lincoln IV)	3005 Bladensburg Rd. NE 20017	(202) 529-8701
Beulah Baptist Church	5812 Dix St. NE 20019	(202) 534-4880

HEALTH CARE /IN-HOME SUPPORT

Health care and in-home support services are provided to help seniors in the community maintain their independence and avoid premature institutionalization. Call for further information.

AL-CARE

1234 Massachusetts Avenue, NW
Suite C, D.C. 20005
(202) 638-2382
Fax: (202) 638-3169

DC Caregivers' Institute

1234 Massachusetts Avenue, NW
Suite C-1002, D.C. 20005
(202) 464-1513
Fax: (202) 638-3169

East River Family Strengthening Collaborative

Heavy Housecleaning
3917 Minnesota Avenue, NE
D.C. 20019
(202) 534-4880
Fax: (202) 388-7691

George Washington University Health Insurance Counseling

650 20th Street NW
D.C. 20052
(202) 994-6272
Fax: (202) 293-4043

Home Care Partners

1234 Massachusetts Avenue, NW
Suite C-1002, D.C. 20005
(202) 638-2382
Fax: (202) 638-3169

Interfaith Caregivers Program (S.O.M.E.)

1667 Good Hope Road, SE
D.C. 20020
(202) 797-8806 Ext. 1304
Fax: (202) 889-2515

UDC - Institute of Gerontology Respite Aide Program

4200 Connecticut Avenue, NW
Building 32, Rm. 203, D.C. 20008
(202) 274-6623
Fax: (202) 274-6605

Washington Center for Aging Services (Respite)

2601 18th Street, NE, D.C. 20018
(202) 541-6200
Fax: (202) 541-6188

LEGAL SERVICES

Legal service programs are staffed by attorneys and paralegals who appear on behalf of their clients in civil and/or administrative actions and proceedings, in addition to offering legal advice and guidance when appropriate. This includes assistance with victims of abuse, medical bills, advocacy, public benefits, drafting a will and establishing a conservatorship.

Legal Counsel for the Elderly - AARP

601 E Street, NW, Room A-4, D.C. 20049

(202) 434-2120

Fax: (202) 434-6464

D.C. Office on Aging Notary Public Service

500 K St., NE, D.C. 20002

(202) 724-5622

Fax: (202) 724-4979

RECREATION/SOCIALIZATION

These programs provide opportunities for older individuals to participate in and enjoy the recreational, artistic, cultural and volunteer activities of their choice. Meals are served in a group setting

D.C. Department of Parks and Recreation Senior Services Division

Columbia Heights Community Center
1480 Girard Street, NW, Suite 420, D.C. 20009

(202) 664-7153

Fax: (202) 671-2596

SENIOR CENTERS

Capper/ Carrollsburg

900 5th Street SE
Washington, DC 20003

202/546-1024

Fax: (202) 544-5049

Asian Services Senior Center

417 G Place, NW, D.C. 20001

(202) 842-4376

Fax: (202) 842-5437

Terrific Inc

Barney Senior Center

1222 T St. NW

D.C. 20009

(202)387-9001

Dwelling Place

1667 Good Hope Road, SE

D.C. 20020

(202) 583-7602

Fax: (202) 583-3252

Seabury Ward 5 Aging Services Senior Center for the Blind and Visually Impaired

2900 Newton Street, NE

D.C. 20018

(202) 529-8701

Fax: (202) 832-0127

First Baptist Senior Center

715 Randolph Street, NW

D.C. 20011

(202) 723-4313

Fax: (202) 541-9537

Phillip T. Johnson Senior Center East River Family Strengthening Collaborative

3441 Minnesota Avenue, SE

D.C. 20020

(202) 584-4431

Fax: (202) 584-0064

Vida Senior Center

1842 Calvert Street, NW, D.C. 20009

(202) 483-1508

Fax: (202) 588-5806

SEABURY CONNECTOR TRANSPORTATION SERVICES

Seabury Connector takes Washington, DC residents age 60 years and older where they need to go, such as: Medical appointments, including dialysis and cancer treatment Social service agencies that can assist with gaining access to public benefits such as Social Security, housing assistance and the Supplement Nutrition Assistance Program (SNAP), and group shopping trips for 10 or more.

Seabury Connector Transportation

2601 18th Street, NE, D.C. 20018

Reservations: (202) 727-7771

Return Trips Dispatcher: (202) 715-7649

Call 'N' Ride / Door to Door Taxicab Transportation Program

2601 18th Street, NE D.C. 20018

(202) 727-7771

DPR's mission is to enhance the quality of life and wellness for DC residents and quality recreational services by organizing programs, activities and events visitors by providing equal access to affordable. DPR offers transportation for large groups.

D.C. Department of Parks and Recreation

1480 Girard Street, NW, D.C. 20009

(202) 671-0394

Fax: (202) 671-2590

WELLNESS PROGRAMS

Each of these programs includes a health education component covering topics such as the safe use of medication, blood pressure screening, and the benefits of exercise. Classes are conducted by appropriately trained and certified instructors and encourage participants to exercise at their own fitness level.

Congress Heights Senior Wellness Center

3500 Martin Luther King Jr. Avenue, SE, D.C. 20032

(202) 563-7225

Fax: (202) 563-5591

Bernice Elizabeth Fonteneau Wellness Center

3531 Georgia Avenue, NW, D.C. 20010

(202) 727-0338

Model Cities Senior Wellness Center

1901 Evarts Street, NE, D.C. 20018

(202) 635-1900

Fax: (202) 635-1477

UDC - Institute of Gerontology – BODYWISE Program

4200 Connecticut Avenue, NW,
Building 32, Room 203, D.C. 20008

(202) 274-6651

Fax: (202) 274-6605

Hattie Holmes Senior Wellness Center

324 Kennedy Street NW D.C. 20011

(202) 291-6170

Fax: (202) 291-2790

The Washington Seniors Wellness Center

3001 Alabama Avenue SE, D.C. 20020

(202) 581-9355

Fax: (202) 575-2736

Hayes Senior Wellness Center

500 K St. NE, DC 20002

(202) 563-7225

DISTRICT OF COLUMBIA GOVERNMENT MOST FREQUENTLY REQUESTED NUMBERS

EMERGENCIES

Fire Department:	911
Medical Emergencies:	911
Police Department, Emergencies:	911

POLICE DEPARTMENT DISTRICTS

First District	(202) 698-0555
Second District	(202) 715-7300
Third District	(202) 673-6815
Fourth District	(202) 715-7400
Fifth District	(202) 698-0150
Sixth District	(202) 698-0880
Seventh District	(202) 698-1500

GENERAL INFORMATION AND HOT LINES

Adult Protective Services	(202) 541-3950
Aging Disability Resource Center (ADRC)	(202) 724-5626
Aging, Office on	(202) 724-5626
Aids (Hotline)	(800) 232-4636
AIDS/HIV Office	(202) 671-4900
Answers! Please	(202) 311
ATF (Alcohol, Tobacco & Firearms)	(800) 283-4867
Alcohol and Drug Abuse Services	(800) 793-4357
Birth /Death Record	(202) 442-9303
Board of Elections	(202) 727-2525
Burial Assistance	(202) 698-4112
Cancer (Hotline)	(800) 227-2345
Crime Victims Assistance	(202) 879-4216
D.C. Energy Office	(202) 673-6700
D.C. General Hospital	(202) 698-5000
D.C. City Council	(202) 724-8000
Domestic Violence	(202) 879-0152
D.C. Government Information (Call Center)	(202) 311
Drug Problem (Hotline)	(888) 294-3572
Drug Rehabilitation	(202) 671-5000
Drug Treatment Services	(202) 671-5000
Employment Services	(202) 724-7000
Food Stamps	(202) 727-5355

Foster Care	(202) 442-6000
Housing (Maintenance)	(202) 535-1044
Health Insurance Counseling	(202) 994-6272
Housing Discrimination	(202) 727-4559
Human Services, Dept. of	(202) 671-4200
Hypothermia	(202) 671-5000
Health Care (Spanish)	(202) 483-5800
HIV/AIDS	(202) 671-4900
Housing	(202) 727-0358
Income Tax Assistance	(202) 727-4829
Income Tax Aid Relief	(202) 727-4829
Latino Affairs	(202) 671-2825
Legal Aid Society of D.C.	(202) 628-1161
Legal Counsel for the Elderly	(202) 434-2120
Public Advocate (Mayor's Office)	(202) 727-2980
Medicaid	(202) 727-5355
Medicare	(800) 633-4227
Medicare Fraud Hotline	(202) 434-2099
Medicare Senior Patrol	(202) 544-2854
Medicare Patrol Project (Friendship House)	(202) 675-9050
People's Counsel, Office of	(202) 727-3071
Poison Center, National Capital	(800) 222-1222
Property Taxes	(202) 727-4829
Public Assistance (609 H Street, NE)	(202) 698-4350
Public Assistance (1207 Taylor Street, NW)	(202) 576-8000
Rape Crisis Center	(202) 232-0789
Rape Crisis Hotline	(202) 333-7273
Recreation Information	(202) 664-7153
Recycling	(202) 727-1000
Rental Assistance Programs	(202) 667-7006
Sexual Assault	(202) 442-9147
Social Security Administration	(800) 772-1213
Substance Abuse	(800) 622-4357
Suicide Prevention	(800) 793-4357
Supplemental Food Program	(202) 535-1417
Veterans Affairs	(202) 724-5454
Veterans Benefits	(202) 633-8422



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