

theSOURCE

"Training Minds for Exceptional Practice"

IN THIS ISSUE

2

• THE CWTA WELCOMES NEW STAFF

4

• REMEMBERING OUR CHILDREN IN CARE

3

• HOLIDAY JOURNEY TO A FOREIGN LAND

5

• GRIEF AND LOSS DURING THE HOLIDAYS
• ONLINE TRAINING

6

• REGISTRATION INFORMATION
• JAN-MARCH TRAINING CALENDAR

WRITTEN BY: CWTA

DESIGN BY: JOI REECE

EDITED BY: BRANDYNICOLE BROOKS

A QUARTERLY PUBLICATION OF THE CHILD WELFARE TRAINING ACADEMY

CWTA is pleased to bring you **theSOURCE**, the newsletter of the DC Child & Family Services Agency Child Welfare Training Academy. Each issue of **theSOURCE** will provide you with updates on new classes, highlight special offerings, and give you the information you need to select and get the most out of the professional development opportunities offered by CWTA. If there are particular topics or training events you would like to see addressed, please let us know by contacting us directly at erin.teagle2@dc.gov.

SELF-CARE DURING THE HOLIDAY SEASON

By Chester Marshall, LICSW

During stressful times, especially around the holidays, resource parents often forget to take care of themselves. Self-Care is defined as anything we do to take wise care of ourselves that will help us stay healthier, stronger, and have more joy during the holiday season.

All too often there is a "Cost to Caring". Secondary trauma, compassion fatigue and other adversities sometimes complicate the work we do with our children. The children may present with a host of problems that can confuse or overwhelm us as caregivers. The pain and helplessness of these children can be passed on to those of us around them. Listening to children talk about the trauma, trying to work in a complicated, frustrating and often "insensitive" system, feeling helpless when trying to heal children – all can make the adults working with these children vulnerable to develop their own emotional or behavioral problems.

So, what can we do this holiday season to increase the chances of happiness, relaxation and joy and decrease the likelihood of external stress overload?

- Set Aside Time For Yourself
- Set Boundaries for expectations of the children, families, and the agency
- Consider creating a Holiday plan for yourself and the children in your care
- Ask for help and support when you want it or need it
- Purchase a special holiday gift for yourself, you're worth it
- Catch up on your rest, get extra sleep-napping is ok!
- Perspective- the holidays are a very brief time of the year and should be about being together as a family, not who gets the greatest number or most expensive gifts.
- Children also need to be taught to keep everything in perspective, especially their gift.



NEW CLASSES

- CHILD & ADOLESCENT DEVELOPMENT
- HUMAN TRAFFICKING
- DOMESTIC VIOLENCE

1ST 2014 MARATHON WEEKEND TRAINING

On MARCH 28TH-30TH, CWTA will offer its 1ST MARATHON WEEKEND TRAINING of the year!!! Complete the registration form at the end of this newsletter to register!!!



THE CWTA WELCOMES NEW STAFF

By Dr. Karen S. Fenton-LeShore, PhD, MSSW

On behalf of the CFSA Child Welfare Training Academy (CWTA), I would like to extend a formal welcome to our newest team members, Brandynicole Brooks, LICSW, Nina **Cadney**, LICSW, LCSW-C, Guillermo Cintron, LICSW, MPA, and Erin Teagle, MA. CWTA is tasked with providing training and support to all new Social Workers and staff at CFSA as well as to new private agency Social Workers. To that end, we are excited to bring new team members on board who bring with them a wealth of knowledge, expertise and energy to the Academy. It is our belief that their broad range of practice and experience will enhance the work that is already being done in the Academy to train minds for exceptional practice.

Please join me in welcoming our new staff:



BRANDYNICOLE BROOKS, LICSW, LCSW (TRAINER)

Brandynicole hails to us from OYE and brings a wealth of expertise and knowledge on matters relative to Child Protective Services investigations, working with LGBTQ youth and their families and supporting pregnant and parenting teens in the foster care system. She is also certified in Applied Suicide Prevention Skills Training and as an Extended Forensic Evaluator and Forensic Interviewer of child sexual assault victims. We welcome her and look forward to her energy and meaningful contributions to our training initiatives.

NINA CADNEY, LICSW, LCSW-C (TRAINER)

Nina brings a wealth of training, human service delivery and mental health acumen that will serve as a tremendous asset to the Academy. Her history of work in the field of adult psychotherapy, experience as the manager of a community mental health facility, certification as a Non-Violent Crisis Intervention Trainer is certain to bring a new perspective to The Academy. We look forward to her energy and expertise that will only complement what already exists within.

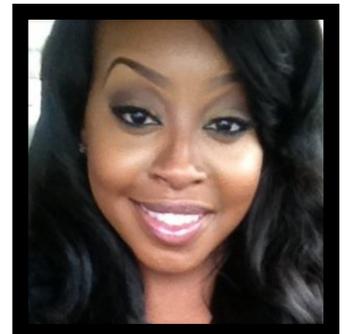


GUILLERMO CINTRON, LICSW, MPA (TRAINER)

Guillermo Cintron come to us from CPS with 10 years of experience in the field of Child Welfare. He has worked closely with children identified as having Serious Emotional Disturbance (SED) and diagnosed with emotional disorders. He has a strong background in the completion of clinical assessments, directing family team meetings and therapeutic case management. We are excited about his enthusiasm and sound support he will provide to the team.

ERIN TEAGLE, MA (TRAINING SPECIALIST)

Erin Teagle was previously employed with DC Public Schools as an After School Program and Grant Coordinator. She has a firm foundation in building partnerships with community/neighborhood based organizations. She has facilitated registration and enrollment trainings for the Office of Out of School Time Programming. Erin is responsible for ensuring the effective and efficient enrollment and all necessary follow-up in classes offered by CWTA. She also acts as a developer and editor of CWTA curriculum and theSource. We are pleased to welcome her and her high level of eagerness to provide specialized support to the CWTA team.



HOLIDAY JOURNEY TO A FOREIGN LAND

By Nina Cadney, LICSW, LCSW-C

As the holiday season approaches, our family tradition, individual culture, and societal influences present themselves, at times unconsciously. Have you taken time to assess the many ways that your culture, beliefs, religious practices, and so forth influence how you interact with one another during the holiday season? Additionally, how are your beliefs and values communicated, without solicitation, to others that come in contact with you. A simple statement, "happy holidays," or how you decorate your home, car, or the clothing you wear can be a form of



imposing your cultural beliefs upon others. What does this communicate to others that you are forming interpersonal relationships with in your environment? One may ask, "As I read this how does it apply to the work my role as a resource parent?"

Take a moment and go on a journey to a foreign land. . . You are involuntarily taken to this place and you may feel "culturally lost." As you arrive there are unspoken expectations of how you relate to individuals that you are not familiar with; a culture that you are unfamiliar with; and standards that are strange. Beyond the level of discomfort that arises in this capacity, the environment that you find yourself in challenges and negates the culture from your 'home land.' Are you in a place that this journey sparks an internal reaction? If so, this self-awareness will assist with understanding the "Holiday Journey to a Foreign Land."

If you went on a journey to a foreign land, how would you like your culture to be acknowledged? Furthermore, what would support you with 'translation' and 'navigation' of the 'unknown culture' that you are now exposed to during an intense time of cultural demonstration and rituals. How does this relate to my role as a resource parent?

Foster children and adolescents are traumatized by the separation from the 'culture' they are familiar with and may find themselves in a 'foreign land' as you welcome them into your resource home. Thus cultural competence is required so that you can navigate, respect, and honor the culture of a foster child that more than likely differs from your own. Even if you share the same race and religious beliefs as the foster child placed in your home, your cultural practices may differ drastically! "Considering a family only in terms of generic cultural identity...(risks) overgeneralization and stereotyping" (Congress and Gonzalez, 1). There is an additional need to be culturally competent if the religious practice or culture clearly differs from that of your resource home. Increasing knowledge and self-reflection are the first steps in demonstrating respect and supporting the diversity, traditions, and rituals of the children and adolescents in your care. When considering how to support a child's culture, engage in self-reflection, "What would I like for someone to do to avoid conflicting, negating, or minimizing my own culture?" Based upon your answer to this question, implement those same considerations with your foster children.

Below are some ideas for demonstrating culture competence during the holiday season:

- Provide a welcoming, safe environment that communicates an interest in understanding the foster child's culture.
- Initiate conversation to communicate interest in learning about their culture and allow them to be in the role of expert about their beliefs and practices.
- Once aware of the dynamics of cultural beliefs, rituals, and practices, then introduce and incorporate the child's culture into your home. For example, you may incorporate a particular food that is typically made during the foster child's holiday rituals or are related to his or her religious beliefs.
- Consider modifying your personal cultural practices if they conflict with the child's beliefs and traditions, such that the environment is more neutral, supportive, and non-offensive to the foster child.
- Based on the child or adolescent's level of comfort, include the child in your family traditions that intertwine aspects of their tradition and rituals (as long as your family tradition does not violate/conflict with their beliefs.)

REMEMBERING OUR CHILDREN IN CARE

By Guillermo Cintron, LICSW, MPA

The holidays are usually a time for family and friends to get together and celebrate. Family gatherings, dinners, and parties are an expected part of holiday season as the year comes to a close. For many, the stress of running around purchasing gifts and cooking large meals seems too much for any one person to handle. Sometimes in the rush of the season, we forget to take a minute to understand what our young people in care are experiencing. For some children, this time of year is very confusing and stressful, more than we can ever imagine.

As a resource parent, there are things you can do to make this season a little bit easier for children in your care. You should discuss how your family celebrates the holidays and what can be expected. This will

help children in your care and be more prepared when the holidays come. Ask children how their family celebrates the holiday. Is there a tradition his or her family does that you can incorporate into this holiday season?

If you are in communication with the young person's family, you may want to ask them about their family traditions. If you are not in communication with your child's family, ask the social worker to obtain this information. Take the time to determine which traditions can be incorporated into your holiday celebration.

Children may worry about their family during this time of year. You can support the children in your care through this process by helping them make small gifts and cards they can give to their birth family. Reassure the children in your care that it is okay for them to share the feelings they are experiencing and it is okay for them to be cared for by you.

Understanding children in your home have experienced the trauma of being removed from their family home and are now residing with you, we want to make this time as easy as possible for our children. Children need to know who is coming over to the home and what is going to happen while those individuals are there. If you are not able to let the children meet your family and friends prior to any big events, using pictures may be helpful to introduce the children in your care to those who may be coming over. You want to include any other children who may be coming over as well so they will know if they have anyone their age to hang out with. Share with the children in your care what to expect during the celebrations. Will it be loud with a lot of music and people singing? Or will it be quiet and small? Depending on the child's age, you may want to let them use a camera so they can take photos to help record the event. For holiday visits with their family, give them a camera (disposable will work as well) to give them an opportunity to take pictures with their birth families and later have the photos developed.

For celebrations, you want to reinforce those behaviors that will be expected. Make sure your family and friends understand your position on gift-giving. Tell your family and friends about the children in your care and try to introduce them before the holidays if possible. Remind your family and friends about the confidentiality you honor concerning children in your care. Don't forget to ask the child(ren) what they would like to have shared about themselves.

It is important that we do all that we can to make sure the holidays continue to maintain special meaning in the hearts of our children.



Seasons Greetings

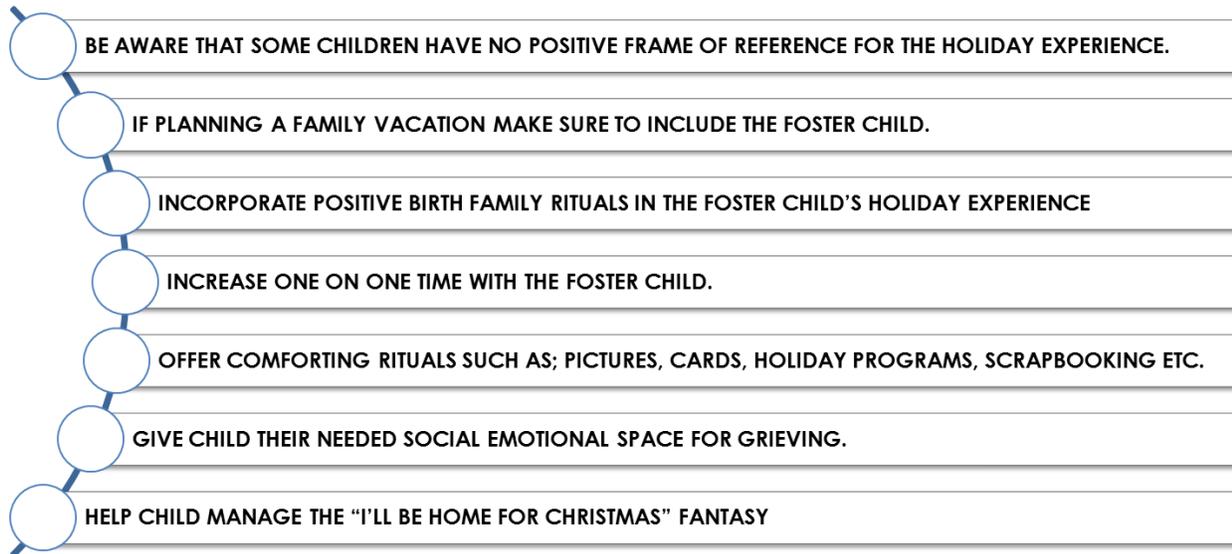
GRIEF AND LOSS DURING THE HOLIDAY SEASON

By Chester Marshall, LICSW

Grief is inevitable. It is the natural consequence of the cycle of bonding and separation. Grief is a multi-faceted response to loss, particularly to the loss of someone or something to which a bond was formed. What is considered normal also varies according to personality, family, religion and/or beliefs and practices and the wider culture. (Bonanno 2009)

Grief becomes complicated when the child: fails to integrate a loss, fails to emotionally relocate the object of the loss, or the grief process significantly negatively impacts the child's activities of daily living (CWTA 2013).

Holidays bring a range of physical and emotional demands. There is so much pressure this time of year. While it can be a tough time for many people, for children in the child welfare system, dealing with underlying trauma and maltreatment related duress can be overwhelming. A significant amount of trauma informed research suggests that holidays pose a greater risk for trauma triggers and behavior crisis for children who have experienced childhood maltreatment. The following are a few tips for Social Workers and Foster Parents in their support of our children during the holidays.



ONLINE TRAINING

Upon completion of each online course, please print your certificate immediately and send them to your resource development or licensing specialist within 15 days of completion!!

CWTA APPROVED ONLINE SITES:

- **www.fosterparents.com:** One year membership: \$24 (not reimbursable).
- **http://www1.dshs.wa.gov/ca/fosterparents/training/** : The entire *FosterParentscope* Training program is presented in this award-winning Web site from Washington State. Adapted from the SUNY *FosterParentscope* curriculum.
- **http://www.fosterparentstest.com/store/index.htm** : A wonderful selection of online courses for resource parents covering topics from high needs babies to a range of disorders and challenges. Note that there is a non-reimbursable associated cost for each course.
- **http://www.fosterparentcollege.com/**: FosterParentCollege.com's Self-Paced training is accessible 24 hours a day, seven days a week. From the comfort and safety of home, parents can enroll, complete a course, and receive a certificate of completion in a single session. FPC has conducted more than 80,000 online training sessions since 2004. Designed by nationally recognized experts in the fields of parenting, pediatrics, psychology, psychiatry, and education, FPC courses are valued by foster care agencies and praised by caregivers. Many of our classes are also available on DVD at our website www.SocialLearning.com.

Need more information? Contact Erin Teagle, Training Specialist at erin.teagle2@dc.gov or 202-727-3301.

REGISTRATION INFORMATION FOR CWTA TRAININGS

- **REGISTRATION IS REQUIRED FOR ALL CLASSES.** Please call the registration line at **(202) 727-5329** to register. You can also register electronically by emailing the Course Registration Form to cwta.training@dc.gov. The form is located at the end of this newsletter.
- **PLEASE REGISTER EARLY TO SECURE YOUR ADMISSION IN EACH COURSE.** Registrations will not be accepted within 48 hours of a course start time.
- **IF YOU REGISTER FOR A TRAINING EVENT BUT WILL NOT BE ABLE TO ATTEND, PLEASE CALL (202) 727-5329 AS SOON AS POSSIBLE.**

THIS DOESN'T HAVE TO BE YOU... CALL TO REGISTER BEFORE ATTENDING CWTA CLASSES.



JANUARY 2014

DATES, TIMES AND LOCATIONS ARE SUBJECT TO CHANGE

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p>THURSDAY, JAN 09, 2014</p> <ul style="list-style-type: none"> • 9AM-5PM • Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>AFROCENTRIC PARENTING: <i>This course provides information to teach CFSA employees, partners, and resource families how to work in a child-centered, family-focused manner to support and strengthen families and their networks. Participant will review key topics such as the historical perspective on resource families in the African-American community, how West African cultural retentions that exist in the current African-American family affect parenting, the "Village Concept," and how to effectively utilize family, community resources, services and supports to empower the family and promote the Afro-centric "village concept" in resource parenting.</i></p> <p>TRAINERS: NINA CADNEY, LICSW, LCSW-C, BRANDYNICOLE BROOKS, LICSW, LCSW</p>	<p>6</p>
<p>FRIDAY, JAN 10, 2014</p> <ul style="list-style-type: none"> • 9AM-12PM • Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>DE-ESCALATION: <i>This training will offer a means to engage with an individual during a potentially dangerous, or threatening situation. The purpose of this training is to reduce the risk of physical injury to the child development professional, the resource parent, and the you or adult being engaged.</i></p> <p>TRAINER: GUILLERMO CINTRON, LICSW</p>	<p>3</p>
<p>SATURDAY, JAN 11, 2014</p> <ul style="list-style-type: none"> • 9AM-5PM • Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>WORKING WITH LGBTQ YOUTH: <i>CWTA provides this training to help participants learn how best to work with youth who self-identify as lesbian, gay, bisexual, transgender, and questioning (LGBTQ). The course offers clear definitions and experiential exercises that allow participants to better understand the thought and feelings of the LGBTQ population.</i></p> <p>TRAINER: BRANDYNICOLE BROOKS, LICSW, LCSW</p>	<p>6</p>

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p>MONDAY, JAN 13, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>CHILDHOOD DISORDERS (PT. 1 & PT. 2): <i>This training will explore the common childhood disorders with children in the child welfare system. While children have similar problems that adults have, children's problems often have a different focus. Childhood disorders with children in the child welfare system are likely caused by a combination of many factors including: poor bonding and attachment, childhood trauma, ecological disorganization etc. Often these disorders can be treated effectively, allowing our children to grow into happy, productive adults.</i></p> <p>TRAINERS: NINA CADNEY, LICSW, LCSW-C, BRANDYNICOLE BROOKS, LICSW, LCSW</p>	<p>6</p>
<p>SATURDAY, JAN 18, 2014</p> <ul style="list-style-type: none"> 11AM-5PM New Carrollton, MD <i>The location will be specified in your confirmation letter</i> 	<p>AHA CPR/FIRST AID TRAINING: <i>Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) & First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</i></p> <p>TRAINER: AHA CERTIFIED TRAINERS</p>	<p>5</p>
<p>TUESDAY, JANUARY 21, 2014</p> <ul style="list-style-type: none"> 10AM-4PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>AHA CPR/FIRST AID TRAINING: <i>Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) & First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</i></p> <p>TRAINER: AHA CERTIFIED TRAINERS</p>	<p>5</p>
<p>THURSDAY, JAN 23, 2014</p> <ul style="list-style-type: none"> 6PM-9PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>DE-ESCALATION: <i>This training will offer a means to engage with an individual during a potentially dangerous, or threatening situation. The purpose of this training is to reduce the risk of physical injury to the child development professional, the resource parent, and the you or adult being engaged.</i></p> <p>TRAINER: DR. RAY BARBER</p>	<p>3</p>
<p>SATURDAY, JAN 25, 2014</p> <ul style="list-style-type: none"> 11AM-5PM Upper Marlboro, MD <i>The location will be specified in your confirmation letter</i> 	<p>AHA CPR/FIRST AID TRAINING: <i>Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) & First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</i></p> <p>TRAINER: AHA CERTIFIED TRAINERS</p>	<p>5</p>

Happy New Year
2014

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p>SATURDAY, FEB 1, 2014</p> <ul style="list-style-type: none"> 11 AM-5PM Oxon Hill, MD <i>The location will be specified in your confirmation letter</i> 	<p>AHA CPR/FIRST AID TRAINING: Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) & First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</p> <p>TRAINER: AHA CERTIFIED TRAINERS</p>	<p>5</p>
<p>WEDNESDAY, FEB 5, 2014</p> <ul style="list-style-type: none"> 9 AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>MEDICATION ADMINISTRATION: The purpose of this course will be to provide instruction on how to administer medications safely according to written physician orders.</p> <p>TRAINER: GUILLERMO CINTRON, LICSW</p>	<p>6</p>
<p>FRIDAY, FEB 7, 2014</p> <ul style="list-style-type: none"> 9 AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>WORKING WITH LGBTQ YOUTH: CWTA provides this training to help participants learn how best to work with youth who self-identify as lesbian, gay, bisexual, transgender, and questioning (LGBTQ). The course offers clear definitions and experiential exercises that allow participants to better understand the thought and feelings of the LGBTQ population.</p> <p>TRAINER: BRANDYNICOLE BROOKS, LICSW, LCSW</p>	<p>6</p>
<p>SATURDAY, FEB 8, 2014</p> <ul style="list-style-type: none"> 11 AM-5PM Glenarden, MD <i>The location will be specified in your confirmation letter</i> 	<p>AHA CPR/FIRST AID TRAINING: Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) & First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</p> <p>TRAINER: AHA CERTIFIED TRAINERS</p>	<p>5</p>
<p>MONDAY, FEBRUARY 10, 2014</p> <ul style="list-style-type: none"> 9 AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>CHILD & ADOLESCENT DEVELOPMENT: This training will provide a foundation of knowledge regarding various theories on the stages of development. It will explore age-appropriate behaviors, as well as adaptive methods for managing behavioral concerns will be discussed. Given the dynamics of maltreatment that initiate child welfare services, the implications of the roles of caretakers and social workers in work with traumatized clients will be discussed.</p> <p>TRAINER: CHESTER MARSHALL, LICSW, LCSW-C</p>	<p>6</p>
<p>TUESDAY, FEBRUARY 11, 2014</p> <ul style="list-style-type: none"> 9 AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>CHILDHOOD DISORDERS (PT. 1 & PT. 2): This training will explore the common childhood disorders with children in the child welfare system. While children have similar problems that adults have, children's problems often have a different focus. Childhood disorders with children in the child welfare system are likely caused by a combination of many factors including: poor bonding and attachment, childhood trauma, ecological disorganization etc. Often these disorders can be treated effectively, allowing our children to grow into happy, productive adults.</p> <p>TRAINER: NINA CADNEY, LICSW, LCSW-C</p>	<p>6</p>

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p>WEDNESDAY, FEB 12, 2014</p> <ul style="list-style-type: none"> 11 AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>AHA CPR/FIRST AID TRAINING: Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) & First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</p> <p>TRAINER: AHA CERTIFIED TRAINERS</p>	<p>5</p>
<p>THURSDAY, FEB 13, 2014</p> <ul style="list-style-type: none"> 6PM-9PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>MANAGING DIFFICULT BEHAVIOR IN CHILDREN 2-12 PT. 1: 1-2-3 Magic is a parenting program developed by registered clinical psychologist that offers easy-to-follow steps for disciplining children without arguing, yelling, or spanking. After attending this class, trainees can immediately start to manage troublesome behavior more effectively, and understand how silence can speak louder than words. This lively and extremely popular program offers a humorous look at parenting – and a serious look at discipline. 1-2-3 Magic has one goal: to help parents enjoy their kids.</p> <p>TRAINER: DR. RAY BARBER</p>	<p>3</p>
<p>SATURDAY, FEB 15, 2014</p> <ul style="list-style-type: none"> 11 AM-5PM Upper Marlboro, MD <i>The location will be specified in your confirmation letter</i> 	<p>AHA CPR/FIRST AID TRAINING: Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) & First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</p> <p>TRAINER: AHA CERTIFIED TRAINERS</p>	<p>5</p>
<p>SATURDAY, FEB 15, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>HUMAN TRAFFICKING: The Understanding and Preventing Human Trafficking in Child Welfare course will provide Social Workers, Resource Parents, Nurse, and other CFSA community partners with information about the commercial sexual exploitation of children (CSEC). This course will introduce participants to current federal and local laws and policies regarding CSEC, terminology related to CSEC, best practice guidelines for identifying and preventing CSEC, and provide participants the opportunity to explore cultural considerations as it relates to CSEC as well as their own beliefs and values. The course will also cover ethical considerations, such as documentation, communication and professional behavior.</p> <p>TRAINERS: NINA CADNEY, LICSW, LCSW-C, BRANDYNICOLE BROOKS, LICSW, LCSW</p>	<p>6</p>
<p>SATURDAY, FEB 22, 2014</p> <ul style="list-style-type: none"> 11 AM-5PM New Carrollton, MD <i>The location will be specified in your confirmation letter</i> 	<p>AHA CPR/FIRST AID TRAINING: Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) & First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</p> <p>TRAINER: AHA CERTIFIED TRAINERS</p>	<p>5</p>

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p>TUESDAY, FEB 25, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>CHILD & ADOLESCENT DEVELOPMENT: <i>This training will provide a foundation of knowledge regarding various theories on the stages of development . It will explore age-appropriate behaviors, as well as adaptive methods for managing behavioral concerns will be discussed. Given the dynamics of maltreatment that initiate child welfare services, the implications of the roles of caretakers and social workers in work with traumatized clients will be discussed.</i></p> <p>TRAINER: CHESTER MARSHALL, LICSW, LCSW-C</p>	<p>6</p>
<p>WEDNESDAY, FEB 26, 2014</p> <ul style="list-style-type: none"> 10AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>PSYCHOTROPIC MEDICATIONS: <i>To educate participants about psychotropic medications, the associated CFSA policies, and each individual's roles and responsibilities.</i></p> <p>TRAINER: CHESTER MARSHALL, LICSW, LCSW-C</p>	<p>5</p>
<p>THURSDAY, FEB 27, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>HUMAN TRAFFICKING: <i>The Understanding and Preventing Human Trafficking in Child Welfare course will provide Social Workers, Resource Parents, Nurse, and other CFSA community partners with information about the commercial sexual exploitation of children (CSEC). This course will introduce participants to current federal and local laws and policies regarding CSEC, terminology related to CSEC, best practice guidelines for identifying and preventing CSEC, and provide participants the opportunity to explore cultural considerations as it relates to CSEC as well as their own beliefs and values. The course will also cover ethical considerations, such as documentation, communication and professional behavior.</i></p> <p>TRAINERS: NINA CADNEY, LICSW, LCSW-C, BRANDYNICOLE BROOKS, LICSW, LCSW</p>	<p>6</p>
<p>FRIDAY, FEB 28, 2014</p> <ul style="list-style-type: none"> 6PM-9PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>MANAGING DIFFICULT BEHAVIOR IN CHILDREN 2-12 PT. 2: <i>1-2-3 Magic is a parenting program developed by registered clinical psychologist that offers easy-to-follow steps for disciplining children without arguing, yelling, or spanking. After attending this class, trainees can immediately start to manage troublesome behavior more effectively, and understand how silence can speak louder than words. This lively and extremely popular program offers a humorous look at parenting – and a serious look at discipline. 1-2-3 Magic has one goal: to help parents enjoy their kids.</i></p> <p>TRAINER: DR. RAY BARBER</p>	<p>3</p>



DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p>MONDAY, MAR 3, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>REBUILDING THE EMOTIONALLY BROKEN CHILD: <i>This workshop focuses on the relationship between the resource parent and the child in out-of-home foster care. Training focuses on the resource parent as a vital bridge between the children in foster care and CFSA. Emphasis is given on resource parents as agents of healing for the emotionally-injured children in their care.</i></p> <p>TRAINER: NINA CADNEY, LICSW, LCSW-C</p>	<p>6</p>
<p>MONDAY, MAR 3, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>CHILD & ADOLESCENT DEVELOPMENT: <i>This training will provide a foundation of knowledge regarding various theories on the stages of development . It will explore age-appropriate behaviors, as well as adaptive methods for managing behavioral concerns will be discussed. Given the dynamics of maltreatment that initiate child welfare services, the implications of the roles of caretakers and social workers in work with traumatized clients will be discussed.</i></p> <p>TRAINER: CHESTER MARSHALL, LICSW, LCSW-C</p>	<p>6</p>
<p>TUESDAY, MAR 4, 2014</p> <ul style="list-style-type: none"> 9AM-12PM WEBINAR 	<p>HUMAN TRAFFICKING PT. 1: <i>The Understanding and Preventing Human Trafficking in Child Welfare course will provide Social Workers, Resource Parents, Nurse, and other CFSA community partners with information about the commercial sexual exploitation of children (CSEC). This course will introduce participants to current federal and local laws and policies regarding CSEC, terminology related to CSEC, best practice guidelines for identifying and preventing CSEC, and provide participants the opportunity to explore cultural considerations as it relates to CSEC as well as their own beliefs and values. The course will also cover ethical considerations, such as documentation, communication and professional behavior.</i></p> <p>TRAINERS: NINA CADNEY, LICSW, LCSW-C, BRANDYNICOLE BROOKS, LICSW, LCSW</p>	<p>3</p>
<p>TUESDAY, MAR 4, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>DOMESTIC VIOLENCE TRAINING: <i>Social workers, whatever their specific role, will encounter families and individuals affected by domestic violence or intimate partner violence (IPV). Given the prevalence of domestic violence and the serious risks to physical and emotional health associated with it, all social workers should have, at least, a basic level of UNDERSTANDING in this area. Social Workers and other Child Welfare professionals should be aware of "red flags" for dangerous violence, critical resources, and basic safety planning principles. During this course, participants will explore common dynamics of domestic violence; the effects domestic violence can have on children, strategies to determine if a case is a DV case, and procedures to help a family experiencing abuse</i></p> <p>TRAINER: CHESTER MARSHALL, LICSW, LCSW-C & SYLVIA PAULING, MA, LPC</p>	<p>6</p>



DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p>WEDNESDAY, MAR 5, 2014</p> <ul style="list-style-type: none"> 9AM-12PM WEBINAR 	<p>HUMAN TRAFFICKING PT. 2: This course will introduce participants to current federal and local laws and policies regarding CSEC, terminology related to CSEC, best practice guidelines for identifying and preventing CSEC, and provide participants the opportunity to explore cultural considerations as it relates to CSEC as well as their own beliefs and values. The course will also cover ethical considerations, such as documentation, communication and professional behavior.</p> <p>TRAINERS: NINA CADNEY, LICSW, LCSW-C, BRANDYNICOLE BROOKS, LICSW, LCSW</p>	<p>3</p>
<p>MONDAY, MAR 10, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC The location will be specified in your confirmation letter 	<p>CHILDHOOD DISORDERS (PT. 1 & PT. 2): This training will explore the common childhood disorders with children in the child welfare system. While children have similar problems that adults have, children's problems often have a different focus. Childhood disorders with children in the child welfare system are likely caused by a combination of many factors including: poor bonding and attachment, childhood trauma, ecological disorganization etc. Often these disorders can be treated effectively, allowing our children to grow into happy, productive adults.</p> <p>TRAINER: NINA CADNEY, LICSW, LCSW-C</p>	<p>6</p>
<p>TUESDAY, MAR 11, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC The location will be specified in your confirmation letter 	<p>DOMESTIC VIOLENCE TRAINING: Social workers, whatever their specific role, will encounter families and individuals affected by domestic violence or intimate partner violence (IPV). Given the prevalence of domestic violence and the serious risks to physical and emotional health associated with it, all social workers should have, at least, a basic level of UNDERSTANDING in this area. Social Workers and other Child Welfare professionals should be aware of "red flags" for dangerous violence, critical resources, and basic safety planning principles. During this course, participants will explore common dynamics of domestic violence; the effects domestic violence can have on children, strategies to determine if a case is a DV case, and procedures to help a family experiencing abuse</p> <p>TRAINER: CHESTER MARSHALL, LICSW, LCSW-C & SYLVIA PAULING, MA, LPC</p>	<p>6</p>
<p>WEDNESDAY, MAR 12, 2014</p> <ul style="list-style-type: none"> 2PM-7PM Oxon Hill, MD The location will be specified in your confirmation letter 	<p>AHA CPR/FIRST AID TRAINING: Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) & First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</p> <p>TRAINER: AHA CERTIFIED TRAINERS</p>	<p>5</p>
<p>SATURDAY, MAR 15, 2014</p> <ul style="list-style-type: none"> 11AM-5PM Accokeek, MD The location will be specified in your confirmation letter 	<p>AHA CPR/FIRST AID TRAINING: Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) & First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</p> <p>TRAINER: AHA CERTIFIED TRAINERS</p>	<p>5</p>

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p>TUESDAY, MAR 18, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>HUMAN TRAFFICKING: <i>This course will introduce participants to current federal and local laws and policies regarding CSEC, terminology related to CSEC, best practice guidelines for identifying and preventing CSEC, and provide participants the opportunity to explore cultural considerations as it relates to CSEC as well as their own beliefs and values. The course will also cover ethical considerations, such as documentation, communication and professional behavior.</i></p> <p>TRAINERS: NINA CADNEY, LICSW, LCSW-C, BRANDYNICOLE BROOKS, LICSW, LCSW</p>	<p>6</p>
<p>SATURDAY, MAR 22, 2014</p> <ul style="list-style-type: none"> 11AM-5PM Bowie, MD <i>The location will be specified in your confirmation letter</i> 	<p>AHA CPR/FIRST AID TRAINING: <i>Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) & First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</i></p> <p>TRAINER: AHA CERTIFIED TRAINERS</p>	<p>5</p>
<p>MONDAY, MAR 24, 2014</p> <ul style="list-style-type: none"> 6PM-9PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>DE-ESCALATION: <i>This training will offer a means to engage with an individual during a potentially dangerous, or threatening situation. The purpose of this training is to reduce the risk of physical injury to the child development professional, the resource parent, and the you or adult being engaged.</i></p> <p>TRAINER: GUILLERMO CINTRON, LICSW</p>	<p>3</p>
<p>TUESDAY, MAR 25, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>DOMESTIC VIOLENCE TRAINING: <i>Social workers, whatever their specific role, will encounter families and individuals affected by domestic violence or intimate partner violence (IPV). Given the prevalence of domestic violence and the serious risks to physical and emotional health associated with it, all social workers should have, at least, a basic level of UNDERSTANDING in this area. Social Workers and other Child Welfare professionals should be aware of "red flags" for dangerous violence, critical resources, and basic safety planning principles. During this course, participants will explore common dynamics of domestic violence; the effects domestic violence can have on children, strategies to determine if a case is a DV case, and procedures to help a family experiencing abuse</i></p> <p>TRAINER: CHESTER MARSHALL, LICSW, LCSW-C & SYLVIA PAULING, MA, LPC</p>	<p>6</p>
<p>WEDNESDAY, MAR 26, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>MEDICATION ADMINISTRATION: <i>The purpose of this course will be to provide instruction on how to administer medications safely according to written physician orders.</i></p> <p>TRAINER: BRANDYNICOLE BROOKS, LICSW, LCSW</p>	<p>6</p>



MARCH IS THE MONTH FOR THE MARATHON WEEKEND TRAINING

On **MARCH 28TH-30TH**, CWTA will offer its **1ST MARATHON WEEKEND TRAINING** of the year!!! Complete the registration form at the end of this newsletter to register!!! If you attend all three days, you can earn up to **18 HOURS** of quality training for free! All trainings are open to both social workers and foster parents! The classes are below!!!

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p>FRIDAY, MAR 28, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>CHILD & ADOLESCENT DEVELOPMENT: <i>This training will provide a foundation of knowledge regarding various theories on the stages of development . It will explore age-appropriate behaviors, as well as adaptive methods for managing behavioral concerns will be discussed. Given the dynamics of maltreatment that initiate child welfare services, the implications of the roles of caretakers and social workers in work with traumatized clients will be discussed.</i></p> <p>TRAINER: CHESTER MARSHALL, LICSW, LCSW-C</p>	<p>6</p>
<p>SATURDAY, MAR 29, 2014</p> <ul style="list-style-type: none"> 9AM-3PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>AHA CPR/FIRST AID TRAINING: <i>Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) & First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</i></p> <p>TRAINER: AHA CERTIFIED TRAINERS</p>	<p>5</p>
<p>SATURDAY, MAR 29, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>HUMAN TRAFFICKING: <i>This course will introduce participants to current federal and local laws and policies regarding CSEC, terminology related to CSEC, best practice guidelines for identifying and preventing CSEC, and provide participants the opportunity to explore cultural considerations as it relates to CSEC as well as their own beliefs and values. The course will also cover ethical considerations, such as documentation, communication and professional behavior.</i></p> <p>TRAINERS: BRANDYNICOLE BROOKS, LICSW, LCSW</p>	<p>6</p>
<p>SUNDAY, MAR 30, 2014</p> <ul style="list-style-type: none"> 9AM-5PM Washington, DC <i>The location will be specified in your confirmation letter</i> 	<p>CHILDHOOD DISORDERS (PT. 1 & PT. 2): <i>This training will explore the common childhood disorders with children in the child welfare system. While children have similar problems that adults have, children's problems often have a different focus. Childhood disorders with children in the child welfare system are likely caused by a combination of many factors including: poor bonding and attachment, childhood trauma, ecological disorganization etc. Often these disorders can be treated effectively, allowing our children to grow into happy, productive adults.</i></p> <p>TRAINER: NINA CADNEY, LICSW, LCSW-C</p>	<p>6</p>



CHILD WELFARE TRAINING ACADEMY- COURSE REGISTRATION FORM

Couples registration is prohibited. Primary resource parent, spouse and/or support parent must register individually. Resource Specialist/Family Support Worker will receive notification via email of your confirmation. Participants who arrive 30 minutes beyond the start time for the course will not be admitted into the course, receive credit, or be awarded a certificate. Participants are required to attend the full day to receive their certificates. Child care is not provided unless otherwise specified in the course description. Registrations are nontransferable; if you register but are unable to attend, please contact us at your earliest convenience so we might offer this space to someone else. Email: cwta.training@dc.gov or Phone: 202-727-3301.

PERSONAL INFORMATION (PLEASE TYPE/PRINT THE NAME OF THE PERSON REGISTERING FOR TRAINING)

LAST NAME:		FIRST NAME:		MIDDLE INITIAL:	
STREET ADDRESS:			CITY:		STATE: ZIP:
PRIMARY PHONE:			EMAIL ADDRESS:		
AGENCY AFFILIATION:			RESOURCE PARENT TYPE:		

ADDITIONAL INFORMATION

AGE OF THE CHILD(REN) IN THE HOME: _____

RESOURCE SPECIALIST/FAMILY SUPPORT WORKER: _____

SPECIAL ACCOMMODATIONS NEEDED: _____

TRAINING COURSE INFO (PLEASE CHOOSE OTHER POSSIBLE DATES, AS COURSES TEND TO FILL QUICKLY.)

COURSE TITLE	DATE PREFERENCE #1	DATE PREFERENCE #2

For available classes, dates, and locations, please visit the CWTA training calendar at: [CWTA TRAINING CALENDAR](#)