











Rooting DC is a free, day-long gardening forum that aims to provide education about urban food production, gardening, and food equity with the purpose of cultivating the health of our community and environment.

Rooting DC 2023 is organized by DOEE Office of Urban Agriculture in collaboration with Nediam Consultants



### **TODAY'S SCHEDULE:**

9:00am Registration & Info Fair Opens

10:00am - 11:00am Session A Workshops

11:15am – 12:15pm Session B Workshops

12:30pm - 1:30pm Session C Workshops

1:45pm - 2:45pm Session D Workshops

3:00pm - 4:00pm Session E Workshops

### **FOOD TRUCKS**

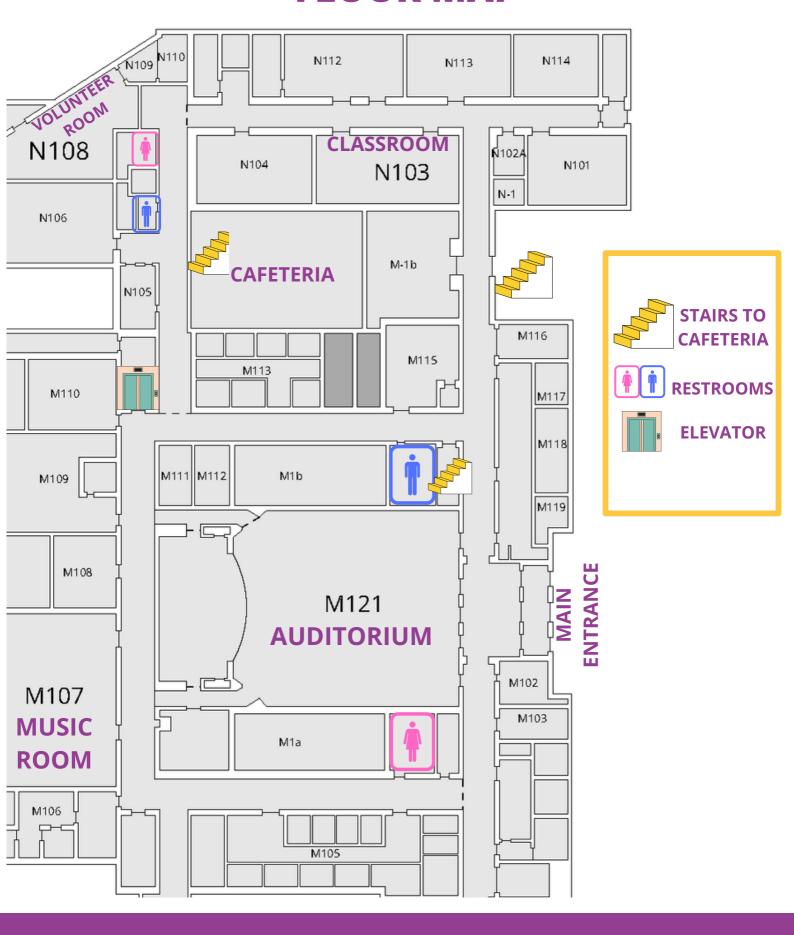
Food trucks will be parked outside of the school building after 11:00 am

### **NEED HELP?**

Volunteers will be wearing a Sustainable DC shirt.



# ANACOSTIA HIGH SCHOOL FLOOR MAP



### INFO FAIR 9:00am - 4:00pm

### 🢡 Cafeteria

- A Vegan Life, Inc.
- AfriThrive. Inc.
- Arcadia Center for Sustaniable Food and Agriculture
- Casey Trees
- CITYGREEN
- Common Good City Farm
- Cultivate the City
- DC Fair Food
- DC Food Policy Council
- DC Greens
- DC State Fair
- DC Voters for Animals
- DC Department of Energy and Environment
- Dreaming Out Loud, Inc.
- EatsPlace
- ECO City Farms
- EcoBlossoms Farm
- Elements of Nature Urban
   Farm
- Franciscan Monastery
   Garden Guild (FMGG)
- FRESHFARM
- Friends of the National Arboretum

- Greater Washington Hispanic
   Chamber of Commerce
- GrowFlo
- Little Red Bird Botanicals
- Love & Carrots
- Mighty Greens
- Natural Resources
   Conservation Services
- Prince George's Soil
   Conservation District
- The Green Scheme/Corner water
- THEARC FARM
- University of the District of Columbia - College of Agriculture, Urban Sustainability and Environmental Sciences (CAUSES)
- Urban Forestry Division/DC
   Department of Transportation
- Veteran Compost DC
- Washington Gardener Magazine
- YMCA Metro DC

### **SESSION A 10:00am - 11:00am**

# HISTORY OF FOOD APARTHEID EAST OF THE RIVER AND LAND ACCESS AND TENURE FOR URBAN AGRICULTURE

- Auditorium #M121
- Calvin Hines Jr, Eightfold Farms; Yuki Kato, Georgetown University

Learn how systemic policies corralled Black populations into Wards 7 & 8 and created current food apartheid dynamics. Explore how commercial urban agriculture is a viable solution to directly combating the causes of food apartheid. This workshop will highlight current challenges for land access and retention among urban farmers and seek solutions at policy and action levels to begin to advocate for equitable land access and tenure for urban farmers.

#### BASICS OF BUILDING GREAT SOIL TIPS AND FERTILIZING

- Music Room #M107
- Kathy Jentz, Washington Gardener Magazine Join a discussion on turning "Dirt" into Good Garden Soil, then explains how to keep it healthy and productive.

### STARTING SEEDS FOR A SUCCESSFUL GARDEN

- Classroom #N103
- Cristina Flores, flowers x flores

This workshop will focus on how to successfully start seeds at home for a home garden. we will cover germination, growth, transplanting and how to spot trouble before it's too late.

### **SESSION B 11:15am - 12:15pm**

# URBAN WATERWAYS PARTNERSHIP AND THE ANACOSTIA RIVER

- Auditorium #M121
- Leslie Glover III, Natural Resources Conversation Service USDA; Abu Moulta-Ali, Environmental Protection Agency

Learn about the federal governments work with Anacostia River partners to clean up and restore our valuable waterway with the goal of improving the health and quality of life for its inhabitants and surrounding communities.

## ECONOMICAL, CREATIVE, INTENSIVE SMALL-SPACED GARDENING

- Music Room #M107
- Linda L. Jones, Elements of Nature Urban Farm

  Learn how to incorporate vertical and container
  gardening to create a highly productive garden in very
  small, tight and challenging spaces. Make your dream

garden and how to feed your family in the process.

### THE ART OF TEA

- Olassroom #N103
- Angela R. Chester-Johnson, Plum Good LLC

This workshop explores various plants that can be locally grown, harvested, and dried (potentially blended) and used for culinary and wellness teas.

### **SESSION C 12:30pm - 1:30pm**

#### **BLACK PEOPLE IN ENVIRONMENTAL CAREERS**

- O Auditorium #M121
- Asteria Hyera; Ronnie Webb, The Green Scheme/Cornerwater

Through the stories of Black environmentalists, participants\* will be inspired to explore the vast and diverse array of options in the field. The Green Scheme share about youth gardening programs, how they are implemented on a local level, and partnerships in the youth gardening sector.

\* This workshop will give preference to Black and brown middle/high school students.

### LEARN TO INSTALL YOUR OWN RAIN BARRELL

- Music Room #M107
- Queen Richardson, DC Department of Energy and Environment

This workshop will go in depth on the Riversmart Homes Rain Barrel program, how to install a rain barrel and the benefits of collecting/using stormwater.

#### EATING WELL ON A BUDGET

- Classroom #N103
- JuJu Harris, Nana JuJu Rocks Food

Eating well needn't be expensive, time consuming or difficult. This mom of 7 will show you how! Meal planning and food acquisition resources will be discussed, and you'll get to taste something yummy from my cooking demonstration.

### **SESSION D 1:45pm - 2:45pm**

#### **DISCOVERING YOUR CULTURE CROPS 101**

- O Auditorium #M121
- Christian Riddick, The Afro Beets Podcast

Learn a tangible approach to finding and growing your own cultural foods. Dig into how growing cultural crops can improve our communities and food system.

#### **CANNABIS CULTIVATION 101**

- Music Room #M107
- Sebi Medina-Tayac and Ben Holmes, Capital City Organics

Expert local cannabis growers offer an introduction to growing quality herbal medicine at home. We'll review seeds, methods, equipment, and safety/legality for both indoor and outdoor growers. Including a demonstration of an indoor grow set up.

# HUGELKULTURE: THE WAY TO MAKE A LONG TERM, COST EFFECTIVE RAISED BED

- Oclassroom #N103
- Rick Hood, Summer Creek Farm

Learn about the method to make a HugelKulture raised bed, what it is, why it is beneficial and what materials to use.

### **TOUR A HYDROPONICS SYSTEM**

- Meet in the lobby
- 🔓 Xavier Brown

Hydroponics is the technique of growing plants using a water-based nutrient solution rather than soil. Tour this example and learn how it's used in school curriculum.

### **SESSION E 3:00pm - 4:00pm**

### DREAMING OUT LOUD: TAP IN, TURN UP

- O Auditorium #M121
- Chris Bradshaw, Nadra Henderson, Devonte
  Howard, Will Jennings, and Taylor Lewis, Dreaming
  Out Loud

Dreaming Out Loud will share their work as a unique farm, food hub, and incubator. They'll discuss how to tap in to training, technical assistance, partnerships, and opportunities to turn up our collective impact within the food system, and work towards liberation.

# MEDICINE IN THE GARDEN: BRINGING HERBS INTO THE MIX

- Music Room #M107
- Holly Poole-Kavana, Little Red Bird Botanicals

This workshop will explore the medicinal qualities of some herbs that may already be in your garden, talk about easy-to-grow herbs that can be incorporated alongside vegetable and flower gardens, and talk about how these plants can improve the health of your garden as well as yourself and community.

### FOREST GARDENS: HEAL THE LAND, FEED PEOPLE

- Olassroom #N103
- Lincoln Smith, Forested

Forest gardens produce food and supplies from thriving ecosystems. Learn how to create a layered, polycultural food forest. Lincoln will discuss forest garden methods, and some of the great plants you can grow in the DC area with examples from Forested and other local forest gardens.





THE ROOTING DC TEAM WOULD LIKE TO GIVE THE ANACOSTIA HIGH **SCHOOL STAFF AND STUDENTS A HUGE THANK YOU FOR HOSTING** THIS EVENT.

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