

# successfully starting seeds for your home garden



cristina flores  
flowers x flores





## why to start from seed :

earlier harvests

the process is a rewarding

healthier | stronger plants

more variety

you can produce a lot for a little

## the seeds :

seeds are living |  
dormancy

germination

general guide: tiny seeds  
need about  $\frac{1}{8}$  of an inch of  
space between seeds  
larger seeds need  $\frac{1}{4}$  to  $\frac{1}{2}$   
and inch

thin sprouted seeds to  
give them space



## what you'll need :

- potting soil
- containers for starting seeds or soil blocker
- newspaper
- trays
- seeds
- recycled plastic bags or plastic wrap or newspaper
- seeds
- a way to label
- patience
- starting early | lights





## grab your supplies and settle in :

things are going to get a little messy

if your containers are perforated it helps to line them with newspaper

keep your seeds dry

moisten your medium

bottom soak

## plant your seeds :

prepare your seeds

plant your seeds

cover your seeds

bottom soak

contain moisture through germination by covering the container

track germination windows





thinning







thanks!!