

How to Grow Food in Small Spaces



Presented by Portia Bellamy of GrowFlo

About Me



- **Bachelors of Science in Molecular Biology**
- **15 years of gardening experience and community service**
- **Founder/Owner of GrowFlo**

Why Grow Food in Small Spaces?



- **Limited Space**
 - **Apartments**
 - **Townhomes**
- **Small Family**
- **Determining your capacity**
 - **Grow zone**
 - **Plant compatibility**
 - **Planting options for growing food**

Choose the Right Plants

- Grow according to your grow zone
- Compact or dwarf varieties of fruits and vegetables:
 - cherry tomatoes
 - peppers
 - herbs
- Incorporate perennial fruit trees
 - blueberries
 - peach



Container Gardening

- **Grow your plants in containers**
 - pots
 - hanging baskets
 - window boxes
- **Repurpose items like buckets or old dresser drawers for growing**



Vertical Space

- **Vertical gardening can maximize space and increase yield**
- **Utilize walls, fences, or trellises to grow climbing plants like beans, peas, cucumbers, or strawberries**



Companion Planting

- Growing different types of plants together which are beneficial to each other.
 - Basil near tomatoes can help repel pests and improve the tomatoes' flavor
 - Garlic near cabbage can repel aphids and white flies



Gardening Maintenance

- **Regular maintenance of your garden includes:**
 - **watering regularly**
 - **fertilizing as needed**
 - **monitoring for pests and diseases**
- **With proper care and attention, you can enjoy a bountiful harvest from your small space garden**

Planning

- **Select your seeds and starter plant varieties**
- **Choosing proper soil types and quantities**
- **Determine the number of containers needed and space available**
- **you can grow a variety of fresh produce even in the smallest of spaces.**

FAQ

- 1. What types of plants can grow in containers?**
- 2. How much sunlight do I need to grow food?**
- 3. What size pots should I grow in?**
- 4. What type of fertilizers should I use?**
- 5. Can I grow fruit trees in a grow bag?**

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Happy
Gardening!

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