



SATURDAY, MARCH 9, 2024
9:00AM - 4:00PM
ANACOSTIA HIGH SCHOOL

★ ★ ★ DEPARTMENT
OF ENERGY &
ENVIRONMENT

WE ARE WASHINGTON DC
GOVERNMENT OF THE
DISTRICT OF COLUMBIA
MURIEL BOWSER, MAYOR

#ROOTINGDC

ANACOSTIA HIGH SCHOOL FLOOR MAP



Exhibitor Hall 9:00am - 3:00pm

Cafeteria

- A Vegan Life, Inc.
- Arcadia Center for Sustainable Food & Agriculture
- Bloom/Blue Drop/DC Water
- Building Bridges Across the River
- Casey Trees
- City Blossoms
- Common Good City Farm
- DC Dept. of Energy & Environment: Riversmart Homes
- DC Dept. of Parks & Recreation
- DC Dept. of Public Works
- DC Dept. of Transportation
- DC Fair Food
- DC Food Policy Council
- DC Greens
- DC Natives
- DC State Fair
- Dreaming Out Loud
- EatsPlace
- ECO City Farms
- Elements of Nature Urban Farm
- Foodcorps
- FRESHFARM
- Friends of the National Arboretum/Washington Youth Garden
- GrowFlo
- Little Red Bird Botanicals
- Love & Carrots
- Mighty Greens
- My Seniors Keeper Foundation, Inc.
- Natural Resources Conservation Service, USDA
- Prince George's Soil Conservation District
- Sacred Teas
- SlowFood DC
- Southern Exposure Seed Exchange
- The Green Scheme
- The Whitlow Foundation
- U. of DC, College of Agriculture, Urban Sustainability, & Environmental Sciences
- U. of DC, Master Gardener Program
- U. of Maryland Extension Master Gardeners
- USDA Food Loss & Waste Team
- Washington Gardener Magazine

SESSION A 10:00am - 11:00am

MEDICINAL HERBS IN THE CITY

 M107

 Holly Poole-Kavana, Little Red Bird Botanicals

This workshop will cover medicinal herbs that can thrive in the city and will provide information on cultivation and uses.

www.littleredbirdbotanicals.com | [@Littleredbirdbotanicals](https://twitter.com/Littleredbirdbotanicals)

GARDENING IN SMALL SPACES

 N103

 Portia Bellamy, GroFlow

This workshop will cover how to grow food in limited/small spaces. Attendees will learn vertical and container gardening techniques, and how to maximize the space they have.

www.grow-flow.com | [@growflo19](https://twitter.com/growflo19)

BASICS FOR BUILDING GREAT SOIL

 N112

 Kathy Jentz, Washington Gardener Magazine

Attendees will learn how to turn "dirt" into nutrient rich garden soil and how to maintain soil health and productivity.

www.washingtongardener.blogspot.com | [@WDCgardener](https://twitter.com/WDCgardener)

ALL ABOUT SPROUTING

 N114

 Patricia Welty, A Vegan Life, Inc.

"Sprouting" is the process where seeds are germinated and eaten raw or cooked. It's easy, inexpensive, and unlocks a powerhouse of nutritional value. Join to learn how to do this at home.

www.aveganlife.org | [@aveganlife](https://twitter.com/aveganlife)



SESSION B 11:15am - 12:15pm

CREATING PUBLIC URBAN FOOD FORESTS

 M107

 Arman Milanian & Christine Simpson, Forested

After creating eight public food forests in the DC region over the last decade, presenters will share what works, what doesn't, and how public food forests can connect people with the delicious foods of a thriving ecosystem.

www.foresteds.us | [@forested.us](https://twitter.com/forested.us)

CENTERING CHILDREN'S EXPERIENCES IN THE GARDEN

 N103

 Rebecca Helgerson, FRESHFARM/FoodPrints

Learn time-tested garden activities that engage children in all aspects from planning and planting, to maintenance, observation, and eating! This workshop is designed for families to attend together (adults w/out children are also welcome!).

www.freshfarm.org | [@freshfarmdc](https://twitter.com/freshfarmdc) [@foodprintsdc](https://twitter.com/foodprintsdc)

16TH ST. GREENS - HYDROPONICS IN ACTION

 N112

 Xavier Brown, UDC & Anacostia HS Students

Seniors from Anacostia HS will lead a tour of their hydroponics system and present about their school-based microgreens business. This project supports youth entrepreneurship focused on food justice and food security.

FEDERAL FUNDING FOR URBAN FARMS & COMMUNITY GARDENS

 N114

 Colleen Kiefer, USDA Natural Resources Conservation Srvcs

A panel of federal agency representatives will describe opportunities for federal financial assistance available to urban agriculture in the region.

www.nrcs.usda.gov



SESSION C 1:15pm - 2:15pm

INTERGRATING NATIVE EDIBLE PLANTS INTO CONSERVATION LANDSCAPES

 M107

 Queen Richardson, DC Dept. of Energy & Environment

Learn practical strategies for incorporating native, edible plants into landscapes. Explore plant species and local resources that provide financial and technical assistance to install conservation landscaping.

www.riversmarthomes.org | [@doeeec_dc](https://twitter.com/doeec_dc)

HEALING THE NEEDS OF YOUR BODY THROUGH NATURAL PLAY

 N103

 Kendra Hazel, City Blossoms

With key elements from City Blossoms' youth garden programs, participants will experience creative activities that allow them to tap into their youthful side. All families and friends are welcome to join us for interactive wellness play.

www.cityblossoms.org | [@cityblossoms](https://twitter.com/cityblossoms)

HERBS IN THE GARDEN - GETTING THE MOST OUT OF EASILY GROWN HERBS

 N112

 Linda L.Jones, Elements of Nature Urban Farm

Growing and using herbs to create multi-functional nutritional resources for the entire family is easier than you may think. Attendees will learn recipes for teas and dishes that get the most out of easily grown herbs for benefit inside and out.

www.elementsofnatureusa.com | [@elementsofnatureusa](https://twitter.com/elementsofnatureusa)

BIGGEST BANG FOR YOUR

 N114

 Rebecca Lemos

For new and new-ish gardeners, learn from the mistakes of a pro. These are do's and don'ts, from beginning to end of season, for how to smarten your gardening for time and resources.

www.rloworks.com

 all @ for Instagram

SESSION D 2:30pm - 3:30pm

TRANSFORMING URBAN SPACES INTO POLLINATOR-FRIENDLY HAVENS

 M107

 Thorne Rankin & Julia Lawhorn, DC Natives

Learn best practices for planting pollinator gardens in DC. Workshop covers the role of pollinators, tips for native plant selection to attract pollinators, and how to care for your new pollinator haven.

www.dcnatives.org | [@dcnatives_gardens](https://twitter.com/dcnatives_gardens)

HUGELKULTURE & RAISED BED MANAGEMENT

 N103

 Juan Pablo Echeverria, Arcadia Ctr for Sustainable Food & Agriculture

Huelkulture reuses decaying wood debris and biomass to create raised beds. Attendees will learn about this practice, construction processes, and about its environmental and economic benefits, and other tips for healthy raised beds.

www.arcadiafood.org | [@arcadiafood](https://twitter.com/arcadiafood)

SUSTAINABLE FARM TECHNIQUES FOR URBAN GARDENING

 N112

 Emilia Kawashima & Xavier Quijano-Bure, Friends of the Natl Arboretum

Learn sustainable production techniques used on a 1-acre demonstration farm in NE DC. Topics includes companion planting, no-till soil building, vertical growing, and organic pest control.

www.fona.org | [@washyouthgarden](https://twitter.com/washyouthgarden)

PLANTS TO PICKLES: MASON JAR MASTERY

 N114

 Adrianna Celtruda & Liana Friedman, the GroW Garden

Learn ways to revive used mason jars for garden or food preparation. This hands-on workshop will offer the choice of how to pickle vegetables, propagate plants, or discover soil types - all using a mason jar.

[@thegrowgarden](https://twitter.com/thegrowgarden)



A **HUGE THANK YOU** TO
ANACOSTIA HIGH SCHOOL STAFF
AND STUDENTS FOR HOSTING THIS
EVENT.

FOOD TRUCKS

Food trucks will be available for lunch service on the north side of the school starting at 12p.
See floor map for food location.

TODAY'S SCHEDULE:

9:00am	Registration & Exhibitor Hall Opens
10:00am - 11:00am	Session A Workshops
11:15am - 12:15pm	Session B Workshops
12:15pm - 1:15pm	Lunch & Networking
1:15pm - 2:15pm	Session C Workshops
2:30p - 3:30pm	Session D Workshops

NEED HELP?

Volunteers will be wearing a **Sustainable DC shirt.**



ASK ME!

TAG US!   [AT] **DOEE_DC** | **#ROOTINGDC**