

Synergy & Serenity

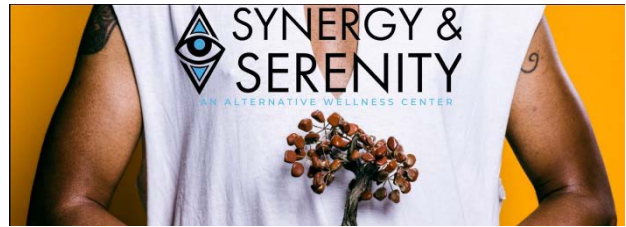
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Member since 2023

Reported Environmental Activities

✓ **Environmental Policy/Sustainability Mission Statement**

Synergy & Serenity's Environmental Policy underscores its commitment to sustainability and holistic wellness. The organization prioritizes resource stewardship, waste reduction, and eco-friendly practices, aiming to minimize its environmental impact. Through community engagement, continuous improvement, and transparent reporting, Synergy & Serenity seeks to be a leader in sustainable wellness, promoting a balanced lifestyle that benefits individuals and the environment.

Key Principles:

Resource Stewardship: We strive to use resources responsibly, minimizing waste and maximizing efficiency in our operations. This includes conscientious use of energy, water, and materials.

Waste Reduction: Synergy & Serenity is dedicated to reducing waste through recycling, composting, and environmentally responsible disposal methods. We encourage staff and clients to participate in our waste reduction initiatives.

Eco-Friendly Practices: We prioritize the use of sustainable and eco-friendly products in our services and daily operations. This commitment extends to our procurement practices, supporting suppliers who share our environmental values.

Energy Conservation: We aim to reduce our energy consumption by implementing energy-efficient technologies, practices, and promoting awareness among our team members.

Community Engagement: Synergy & Serenity believes in the power of community. We actively engage with our local community to promote environmental awareness and sustainable living practices.

✓ **Annual Environmental Goals**

Waste Reduction: Achieve a 20% reduction in waste generation with comprehensive recycling programs and minimizing single-use items.

Sustainable Procurement: Increase eco-friendly product sourcing by 25% to support environmentally conscious suppliers.

Community Education: Conduct four workshops to raise awareness about sustainable living in the local community.

Green Certification: Initiate the process of obtaining recognized green certifications for our facility.

Carbon Footprint Assessment: Conduct a comprehensive assessment and develop strategies to offset or reduce our carbon impact.

Staff Training: Implement an annual training program for staff on environmental awareness and sustainable practices.

Biodiversity Enhancement: Explore opportunities to enhance on-site biodiversity with native plant species.

Sustainability Reporting: Establish routine reporting on sustainability initiatives to keep stakeholders informed.

✓ **Commit to Environmental Restoration and Community Environmental Projects**

Synergy & Serenity is actively engaged in fostering environmental restoration and community engagement initiatives, emphasizing composting as a key element in its commitment to sustainability.

Vermiculture Composting Classes: Regular classes are conducted to educate participants on vermiculture composting, imparting knowledge on small-scale systems suitable for apartments.

Composting Structure Workshops: Workshops are hosted to guide participants in building indoor or apartment-sized composting structures using recycled materials, promoting creative and sustainable solutions.

Partnerships with Restaurants and Local Gardens: Collaborations with local restaurants and gardens establish a composting pipeline, collecting kitchen waste to create nutrient-rich compost, reducing organic waste in landfills.

Collaboration with Composting Companies: Synergy & Serenity collaborates with composting companies to efficiently process compostable materials collected from various sources, closing the loop on organic waste recycling.

Plant Plots from Recycled Materials: Educational programs include teaching participants how to create plant plots using recycled materials, promoting sustainable gardening practices and resourcefulness.

✓ **Composting**

Fruits and Vegetables:

Non-acidic fruits (excluding citrus fruits)

Vegetables (excluding acidic varieties and onion peels)

Quantities vary based on kitchen waste generated from staff following a predominantly vegetarian diet.

Cardboard:

Cardboard from used boxes is collected for composting.

The amount depends on the facility's consumption and packaging materials.

Paper Waste:

Mail without plastic slips is included in composting efforts.

The quantity is based on the incoming mail and administrative activities.

Shredded Biodegradable Products:

Shredded biodegradable materials are composted.

Quantities are determined by the volume of materials generated within the facility.

Leaves:

Leaves contribute to the carbon-rich component of the compost.

The amount is seasonal and depends on the availability of leaves.

Composting Frequency:

Approximately five 5-gallon buckets of compost are compiled every six months.

✓ **Employee Commute/Customer Travel**

Metro Passes: The majority of our employees utilize metro passes as their primary mode of transportation, contributing to reduced single-occupancy vehicle trips.

Encouraging Public Transportation: By promoting the use of metro passes, we actively encourage employees to opt for lower-emission, sustainable transportation methods, reducing the environmental impact associated with single-occupancy vehicles.

Eco-Efficient Company Vehicle: The single employee who uses a personal vehicle for commuting and business purposes owns an eco-efficient car. This choice aligns with our commitment to minimizing the carbon footprint associated with transportation.

Limited Single Occupancy Vehicle Use: With only one employee relying on a personal vehicle, we successfully reduce the number of single-occupancy trips associated with our business operations.

Bike Parking: To further support sustainable transportation, Synergy & Serenity provides bike parking facilities, encouraging employees and customers to choose eco-friendly alternatives for shorter trips.